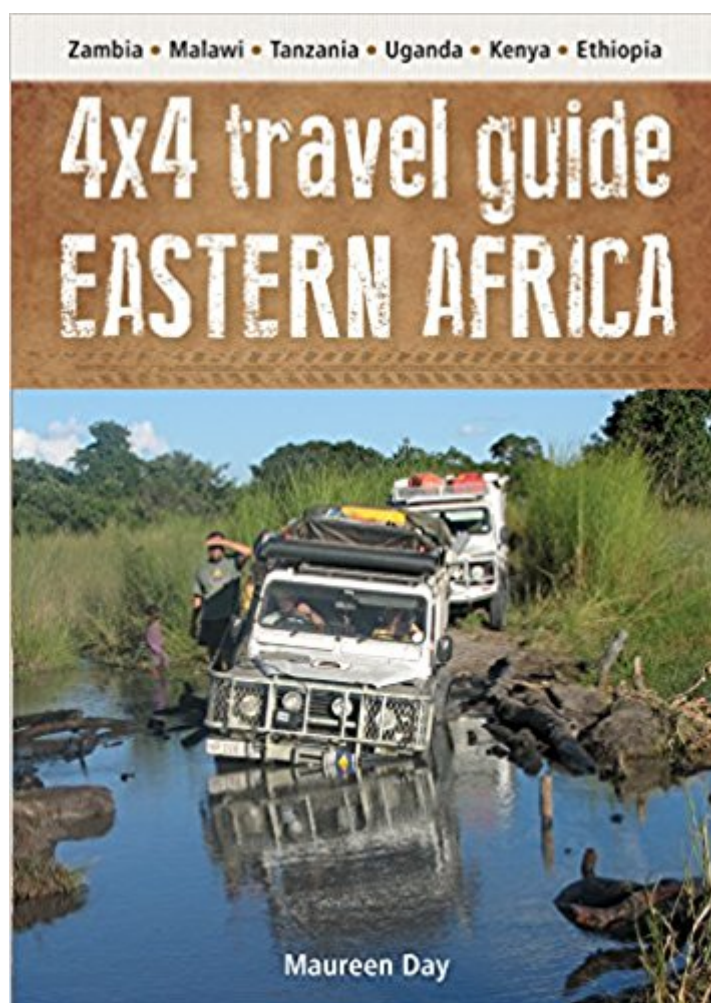


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# 4x4 Travel Guide: Eastern Africa: Zambia \* Malawi \* Tanzania \* Uganda \* Kenya \* Ethiopia



## Synopsis

This comprehensive planning guide to 4x4 travel through eastern Africa (Zambia, Malawi, Tanzania, Kenya, Uganda, Ethiopia) is based on first-hand travel experience. Introductory chapters give detailed general information and guidance on itineraries, what to take, potential costs, fuel availability, road conditions, security issues, requisite documentation, medical precautions, check lists, bush recipes and more. This is followed by descriptions of the routes traversed by the author and her party through six countries. Route maps and detailed, sensible advice equip future travelers with all the necessary information required to plan and carry out a trouble-free trip through the region. This handy companion has easy, bulleted text and contains numerous photographs. An invaluable guide for 4x4 explorers to these less-travelled, but hugely rewarding, parts of the continent.

## Book Information

Paperback: 500 pages

Publisher: Penguin Random House South Africa; 2 Revised edition (July 27, 2016)

Language: English

ISBN-10: 0620670517

ISBN-13: 978-0620670517

Product Dimensions: 6.6 x 0.5 x 9.3 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #1,972,696 in Books (See Top 100 in Books) #13 in [Books > Travel > Africa > Malawi](#) #32 in [Books > Travel > Africa > Zambia](#) #59 in [Books > Travel > Africa > Rwanda & Uganda](#)

## Customer Reviews

Maureen Day (nee McLelland) was born in Luanshya, Zambia and educated in Rhodesia and South Africa. She qualified as a midwife and psychiatric nurse in 1984 and met and married her husband Brian in 1989. Their love of the outdoors has led to many 4x4 excursions to neighbouring countries and, ultimately, to the adventure of a lifetime – the subject of this book.

Good information for any remote overland trip. The details on Africa are wonderful. Bright color pictures and checklists.

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